

# BAR HILL NEWS

Brought to you by the Bar Hill Community Association  
April 2025 Issue 667



## Striving for a Safer, Greener, and More Active School Community

At Bar Hill Primary School, we are dedicated to creating a safer, more active, and eco-friendly environment for our students. One of our key priorities is improving the area around the school car park, which often becomes congested during peak drop-off and pick-up times. This is a critical moment for our young pedestrians as they navigate the space.

Last year, our Junior Travel Ambassadors (JTA) raised funds for a road safety pavement sign, and this year, they continue to lead by hosting assemblies and competitions that promote safe and active travel. Their efforts are supported by the "Bikeability" schemes we offer across multiple year groups.

We were also proud to receive an outstanding travel plan from STARS. Working closely with our Road Safety Officer, we are committed to ensuring a safer environment for all, including the installation of student-designed signage to enhance road safety around our school gates.



## Bar Hill News - Digital Copy

On (or around) the 1st of the month we send out a link to this month's digital copy. If you'd like to receive it please complete this form.

<https://bit.ly/bhn-digital>



## Rhymetime

Every Tuesday

2.30pm—3pm

**Every Monday, 10- 12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)  
The Hub is for people of all ages as a place to gather & enjoy community!**

7 April	Coffee Stop, Foodbank, Chess, traditional & 5Aside versions	Health & Wellbeing 10:15 -10:45 Library at Home Area Volunteer Coordinator
14 April		Carers Café with speaker from Wiltshire Farm Foods 10.00 - 11.30
21 April		EASTER MONDAY - NO HUB
28 April		Evergreens, Meet a Parish Councillor

**WHEN:** Every Monday 10am – 12pm

**WHERE:** The Octagon (opposite Maple Surgery), Bar Hill, CB23 8EH

**WHAT:** Our vision is to create a fairer and friendlier community, so everyone can thrive and knows where to turn to for warmth, welcome, friendship and support. The Hub is a busy gathering space, providing a warm, comfortable, welcoming space for our entire community. Come along and join us, we look forward to seeing you!

**Coffee Stop:** Pop in for a coffee, a piece of delicious home-made cake and a chat with friends, old and new!

**Foodbank:** No need for any vouchers. If you are struggling financially, drop by and let us help you, available between 10am and 11.30am

**Citizens Advice:** NOTICE: for health reasons, there is no village Citizens Advice service. To book an appointment for face to face, email or telephone advice with the Cambridge office, please use the following contact details

Email: <https://www.cambridgecab.org.uk/get-advice/email-us/>

Phone: 0808 278 7808

**Evergreens:** a safe space for those with memory loss to enjoy: Conversation, Connection, Celebration. Accompanied by a carer, friend or family member. When: usually 4th Monday of each month. Please see separate entry in Bar Hill News for more information.

**Health & Wellbeing:** On the 1st & 3rd Monday, take advantage of some exercise guidance from our experienced coach and visiting speakers (starting at 10.15am).

**Carers Café:** On the 2nd Monday of the month, providing support for any carers in the village, even if you are not a patient of Maple Surgery

**Meet a Parish Councillor:** you can meet one of our Parish Councillors to discuss any issues within our village, between 10am and 12pm on the 4th Monday of the month. Just look for the sign within the Coffee Stop.

**Traditional & 5Aside Chess** (within the Coffee Stop): A great way to connect and start a conversation with people happy to teach you this wonderful game. Come along and join us for refreshments and a chat!

Come along on 7 April to meet the Library at Home Area Volunteer Coordinator and find out more about the Library at Home Service and the Health and Wellbeing offer



# BAR HILL COMMUNITY ASSOCIATION



<b>Chair of Trustees</b>	Andy Pellew
<b>Vice Chair</b>	Anthony Mitchell
<b>Secretary</b>	Jenni Foster-Smith
<b>Treasurer/ BHN Advertising</b>	Hilary Whipp
<b>BHN Editor</b>	Andy Pellew
<b>Features Editors</b>	Liz Dams, and Bridget Wilson
<b>Trustees</b>	
Bunty Waters	Jo Hall
Dave Wright	Dee Callaghan

If you'd like to contact the BHCA then you can either;

- Write to us at **Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**
- Email the Chair of Trustees at **[chair-of-trustees@barhill-ca.org](mailto:chair-of-trustees@barhill-ca.org)**, or
- Call/ message/ WhatsApp **07814 871752**.

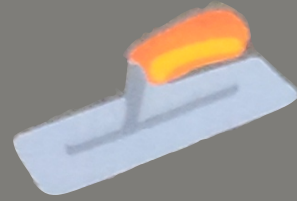
We meet monthly on the second Tuesday at 7:30 pm in the Fox. If you'd like an agenda please get in touch!

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **[bhn-editor@barhill-ca.org](mailto:bhn-editor@barhill-ca.org)**

**See [www.barhill-ca.org](http://www.barhill-ca.org)**



# ABEETON PLASTERING

Bar Hill, Cambridge

**07800 871738**

**[andrew.beeton48@gmail.com](mailto:andrew.beeton48@gmail.com)**



**ABEETON  
PLASTERING**



**Yell.com**

20 ★★★★★ REVIEWS

**OVER 30 YEARS EXPERIENCE**

# Do you need a chiropodist?



**201256**

**07494 196065**

**Michelle Dolan**  
**Podiatrist/Chiropodist**



**HCPC**  
**Registration**  
**number**  
**CH34864**

# LETTERS, NOTICES & ANNOUNCEMENTS

Please send your letters & notices to [bhn-editor@barhill-ca.org](mailto:bhn-editor@barhill-ca.org). Thank you!



## Bar Hill HAPPY HOURS Club

The Bar Hill Happy Hours club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4pm on Friday afternoons for tea/coffee and cakes, getting together with friends, fun and games. All of this for only £2 per person. The bar is open if you want something extra.

We are looking for new members to join us, so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along!

**Coming up in April:** 4th Games and a Quiz, 11th Bingo and a Quiz, 18th Good Friday - Easter Theme, and 25th St. George's Day

Anne Plumb | **01954 780364** |  
[anne@rwp10.plus.com](mailto:anne@rwp10.plus.com)

## Huntingdon Concert Band

17th May 2025 at 7.30 pm  
in Bar Hill Church

We are pleased to announce that our favourite band will be performing again this year at Bar Hill Church. The concert will take place on Saturday 17th May 2025 at 7.30 p.m. Tickets will be available soon at £11 for adults and £7 for children.

Tickets can be obtained from:

- Sue & Trevor Kenchington **01954 780260**  
[kenchington@supanet.com](mailto:kenchington@supanet.com)
- Maggie & Malcolm Cox **01954 488657**  
[maggieandmalcolm@gmail.com](mailto:maggieandmalcolm@gmail.com)
- Or Bar Hill Church **01954 206120**  
[office@barhillchurch.org.uk](mailto:office@barhillchurch.org.uk)

Light refreshments will be available to purchase during the interval. All proceeds to Bar Hill Church.

## Walking Football, Tuesday mornings

Cambridge United Foundation have been delivering a weekly walking football session every Tuesday morning at Bar Hill community football pitch. The session promotes both physical and mental well-being for adults in a friendly and social setting.

The activity is a great equaliser for all players of different ages and physical fitness levels and the emphasis is always on fun, enjoyment and socialisation. The session recently received Cambridge United Foundations 'Community Club of the Year' award for their commitment to community togetherness and positive attitudes towards other participants.

If you would like to try out the spirit of walking football, please come along and join us or find out more by contacting Cambridge United Foundation on **01223 32129**  
[foundation@cambridgeunited.com](mailto:foundation@cambridgeunited.com).





## Bar Hill Indoor Bowls Club

We meet in the school on Friday evenings during term time only from 7.30 pm to 9.30 pm with a 1/2 hour break for coffee. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £3 per week but the 1st week is free.

So why not come along and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or [barbara.page@live.co.uk](mailto:barbara.page@live.co.uk)

Dear Readers,

A quick update in relation to the County Council and Mayoral Elections which are coming up on the 1st May.

You will notice that there are no District or County Councillor columns in this issue. As a politically neutral publication we have a policy of not printing columns which could be delivered in the pre-election period - typically 6 weeks before the election date - so as not to give any candidate, or political party, an advantage.

**Andy Pellew | Editor - Bar Hill News**

PS. If you need to register to vote you can on the Government's website;

<https://www.gov.uk/register-to-vote>

You have until Friday the 11th April to register to have your vote included in the May election.

**FOR FREE: BAR STALLS - 2 x Cream Leather Gas operated, ROLLER BLIND - Black & White 122CM Wide, PEDAL EXERCISER - Leg or Arm, MULTI YORK FURNITURE - 2 seater couch – Armchair 2 foot stalls - Fabric (see image). Call Tony on **07831 895007****



## 8 o'clock club

The club is a women's group and we meet in the school on the 1st Thursday of the month at 7.30 pm.

***Our speaker on the 3rd April is Honey Hawk and his subject is "The Forgotten Bees".***

Our fee is £15 per year and £1 each meeting for a hot drink and raffle.

We welcome new members to the club. If you would like to join please come along to one of our meetings or phone Barbara **204171 (07847 327709)** Adela **204265** or Ann **204687**



***Consultations by Appointment Only***  
***In an emergency please telephone ahead***

### **HARDWICK**

169 St Neots Road, Hardwick  
Cambridgeshire, CB23 7QJ  
**Tel: 01954 210250**

### **PAPWORTH**

Pendrill Court, Ermine Street North  
Papworth Everard, Cambridgeshire, CB23 3UY  
**Tel: 01480 831615**

[www.ashcroftvet.co.uk](http://www.ashcroftvet.co.uk)

**Out of Hours Tel: 0845 500 4247**



# Bar Hill Church news

## Services

Sun 30 March, 10:00am — **All Together Worship**

(note British Summer time begins so clocks will have gone forward)

Sun 6 April, 10:00am — **Holy Communion**

Separate activities for children, returning to the service before Communion.

Sun 6 April, 6:00pm — **Informal Worship**

Refreshments served from 6:00pm; the service starts at about 6:30pm.

Wed 9 April, 10:00am — **Mid-week Communion**

Sun 13 April, 10:00am — **Palm Sunday** (an all age service)

Thu 17 April, 7:30pm — **Maundy Thursday**

Fri 18 April, 10:00am — **Good Friday**

Sun 20 April, 10:00am — **Easter Sunday**

This will be an all age service that includes Holy Communion and a baptism. Due the expected larger congregation there will be a video link to the Octagon where more seating will be available.

Note there is also a **6:30am service at Lolworth Church** and, as has become tradition, a group from Bar Hill will meet outside the Bar Hill Church at about 6:00am and walk to Lolworth together for the early morning service.

Sun 27 April, 10:00am — **Café Church**

## Contacts

Church Office: Ian Farr, 01954 206120, [church.office@barhillchurch.org.uk](mailto:church.office@barhillchurch.org.uk)

Working hours usually include Monday, Tuesday and Wednesday mornings. A number of external activities take place in the church buildings throughout the week. Enquiries about hiring space for an event should be directed to Ian.

Minister: Revd Wendy Wale, 07780 828865, [minister@barhillchurch.org.uk](mailto:minister@barhillchurch.org.uk)

Working days are Monday, Tuesday, Thursday and Sunday.





OVER DAY CENTRE

**Sunday  
11th May 2025**



# The Five Pub Challenge

**Back by popular request, the 5-pub Challenge walk. See old friends, make new ones; perhaps walk as a group. All proceeds to go to the Over Day Centre, this year to help raise funds for client activities and capital items.**

Meet at Over Day Centre, Drings Close, CB245NZ from 10.00am, for a 12.5 mile walk through the beautiful Cambridgeshire fens to the Pike & Eel, the Ferry Boat, the Three Tuns, the White Horse and back to the Over Community Centre.

Minimum donation of £15 per adult, children free. Under 18s are very welcome but must be accompanied by a responsible adult. The length of the route may make it unsuitable for younger children.

**For details and to register, please view :**



[www.overdaycentre.co.uk/fundraising/5-pub-challenge-2025/](http://www.overdaycentre.co.uk/fundraising/5-pub-challenge-2025/)  
or call the Day Centre  
**01954 231807**

You can register online and donate before the day, the quickest way, or you can print the form yourself and complete then donate with card payment or cash on the day. If you are unable to join us but would like to donate, please go to:

[www.justgiving.com/page/overdaycentre-5-pubs-may-2025](http://www.justgiving.com/page/overdaycentre-5-pubs-may-2025)

Event kindly  
supported by:



**Ash Croft Vets**

The Over Day Centre, 1 Drings Close, Over, Cambs, CB24 5NZ  
Registered Charity No. 1196202.

## Bar Hill Memorial Garden

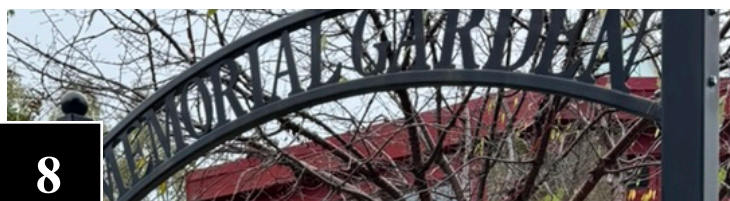
Spring is here now. We have had both abnormally warm weather as well as below normal temperatures for this time of year. Many of the bulbs are pulling through. The days are getting longer although not all frosts have passed.

At long last everyone can see what wonderful work and changes to the Memorial Garden have taken place. Our grateful thanks to John Hinchliffe who has installed the plaques. My grateful thanks go to the whole team who help maintain and have worked so hard in the garden. We are aware that some wheelchairs and wheeled walking aids find access difficult. Like before it takes time for the stones to settle, please keep to the edge. If you are having problems please talk to Chris below.

The refurbishment costs of £5000.00p plus have been met by donations / grants from individuals, The Parish Council , The Community Association, South Cambridgeshire Community Chest, The Co-Op. for which we are extremely grateful.

If you would like to donate towards the upkeep of the Memorial Garden, cheques / cash may be left at 7 Acorn Avenue made payable to Bar Hill Memorial Garden or alternatively paid directly into Bar Hill Memorial Account at the Cambridge Building Society Account Number 1768402740 Sort Code 20-17-55 If you wish to talk to someone re a donation then please phone Chris on the numbers below. Thank you once again to all those who have given financial support for this work.

Should you wish to place a Memorial Plaque then contact Chris Stannard **01954 781978, 07711 623425,**  
**c.e.stannard1@gmail.com**



# NOEL HART

## GLASS & GLAZING

### YOUR LOCAL GLASS AND GLAZING SERVICE

Misted sealed units replaced;  
Broken hinges and handles repaired;  
Doors and Windows adjusted  
Mirrors supplied and fitted  
Cat flaps fitted;

Fast & friendly service and  
Free no-obligation quotation.  
No job too small

Mobile: 07966 052240  
Email: puttyhead3@hotmail.com



**SPECTRUM**

**CONSERVATORIES**

**WINDOWS**

**DOORS**

**FENSA**  
Registered Company

**MOBILE: 07702 895673**

**TEL: 01954 789478**





Come and join Onyx and his friends at our popular....

## PUPPY SOCIALISATION & TRAINING SESSIONS

**Sessions run twice daily Monday to Friday**

**AM session: 8am to 12 noon\***

**PM session: 12:30pm to 4:30pm\***

**£20 per session (up to 6 months)**

The course is designed and run by Tamsin-Jane Sewell a degree qualified Canine Psychologist, leading local dog behaviorist and highly acclaimed trainer. Here your puppy will be scientifically introduced to many other breeds of dog where he/she will learn to socialize properly, giving your new fur baby the very best start in life. Our aim is to help you develop a well rounded and contented dog from puppy through to senior citizen.

During each session an element of training is introduced, tailored to your dogs identified developmental needs, with a short video uploaded to a dedicated and exclusive 'members only' training area on our Facebook page. This will contain a demonstration of each task/developmental aspect with useful 'how to' tips to help you continue the training in your own home. Come and join us in our clean, safe and popular Day Care Facility in the village of Over just outside Cambridge.

\* come flexibility over pick up/drop off times

Well over 300 puppies  
successfully trained since  
the first easing of  
lockdown.

# NORMAN'S



RATED FACILITY

**Book your space now on 07764 959238 or [TJ@normansdogdaycare.co.uk](mailto:TJ@normansdogdaycare.co.uk)**

EXPRESS ROOFING SERVICES									
<b>Flat Roofing Specialists</b>									
<b>Emergency 24 hour Service</b>									
Roofing for over 25 years									
<ul style="list-style-type: none"><li>* Insurance work</li><li>* Guttering * Facia Boards</li><li>* Garages &amp; Extensions</li><li>* Re-roofing &amp; repairs</li></ul>									
5-10 year guarantees					Competitive Rates				
<b>Prompt Reliable Service</b>									
 <b>01487 841008</b> Mobile 07860 680550									
37 Greenfields, Earith									



# Steve Jolley

## Plastering & Tiling

33 Field View  
Bar Hill  
Cambridge  
CB23 8SX

Home 01954 780445  
Mobile 07727 203626

## Bar Hill Library - April 2025

In addition to all of our regular events, there will be lots of extra activities happening in the library throughout April. For more information about these (or any other) events, please ask in the library or visit the Cambridgeshire Libraries website.



### 7th - 19th Great Eggscape Hunt

Come into the library to find out more and take part in this fun children's activity. Ask a staff member for a passport and pencils, then travel around the world (library) looking for your next destination. Get your passport stamped on completion.

### 9th Move & Dance 2.30-3pm

Join us for this action songs and movement session, aimed at age 4+ . We will be singing, dancing, wiggling and generally enjoying ourselves!

### 11th - 15th Paper Flower Craft

Use our resources and instructions to make beautiful paper flowers. Add them to our shared display or take them home to keep.

### 26th Digital Art & Craft (all levels) 10.30-11.30am

In this session, we will be using some simple apps to create pictures. This is suitable for absolute beginners but the apps can be used at multiple levels, with parent supervision for children please.

## Library at Home Service

Did you know that Cambridgeshire Libraries offer a free Library at Home service to readers of any age who find it difficult to get to the library due to disability, illness or caring responsibilities?



A local volunteer can visit monthly at a mutually convenient time, bringing library books and audiobooks chosen according to each reader's preference, and have a friendly chat if you'd like. For more information about becoming a Library at Home customer, or volunteer, please either;

- ask at the library,
- call **0345 045 5225**,
- [volunteers@cambridgeshire.gov.uk](mailto:volunteers@cambridgeshire.gov.uk), or
- visit our website; <https://bit.ly/ccclibrary-at-home>



# Bar Hill Motors

20, Viking Way (next to Tesco's)

## For all your car care needs



The air conditioning has had a hard summer!  
Has it been serviced in the last two years?  
If not, we can help with our Qualified Staff

10 equipment

### Opening times

Mon. To Fri. 8.00am - 5.30pm  
Sat. 8.30am - Noon  
Closed Sun.

**781132**



## MAPLE SURGERY - March Update

maplesurgery.enquiries@nhs.net | 01954 780442

### Practice Nurse

We have managed to finally recruit a Practice Nurse to work at Maple Surgery. She will be starting in the middle of April. This is exciting news for us, and I am sure that you will all join us in welcoming her to the Practice when she arrives.

### Practice closures for Staff training

The practice will be closed from 1.00pm for training on the following dates:-

Wednesday 9th April 2025

Thursday 15th May 2025

### Covid Clinics

The Practice has recently signed up to provide the Spring Covid Booster vaccines. These will be available from the middle of April. Any patient who is eligible will be contacted to see if they want to be vaccinated. The criteria for eligibility have been amended slightly compared to the Autumn booster, so patients who were vaccinated with the Autumn booster may not be eligible for the Spring Booster. Please see web address below that will provide details for eligibility.

<https://www.nhs.uk/vaccinations/covid-19-vaccine/>

### Hedgehog Fact:

Hedgehogs can run up to 5 miles per hour (9.5 kilometers per hour) for short bursts. This is quite fast for their size!

Would you like to help support NHS research?

The NHS is looking for volunteers to help refine and improve the NHS App. If you're interested you can complete this short survey; <https://bit.ly/NHS-App-Panel>

**NHS**



**RADIO MARIA**  
ENGLAND

*A Christian Voice By Your Side*



Online



Digital Radio



Smart Devices



Free App



Podcasts



Spotify



SCAN ME

'The Lord your God is  
with you  
wherever you go.' -  
Joshua 1:9

[www.RadioMariaEngland.uk](http://www.RadioMariaEngland.uk)

**Andrina B**  
the footcare specialist

Providing expert treatment in all  
aspects of foot healthcare in  
the comfort of your own home

**Nail Cut • Callus • Athlete's Foot  
Hard Skin • Corn Removal  
Fungal Infections • Plantar Faciitis  
In-Growing Toe Nail • Orthotics  
Leg and Foot Massage**

To book your appointment call Andrina on

**07966 571 686**

or email: [andrinab@foot-care.co.uk](mailto:andrinab@foot-care.co.uk)

**[www.foot-care.co.uk](http://www.foot-care.co.uk)**

Andrina Baldock, Foot Health Practitioner, SAC Dip. FHPP FHPT  
Register for Foot Health Practitioners Member





Gas boiler service from £64

New boiler installations

Carbon monoxide alarms fitted.

New radiators fitted.

Heating systems upgraded.

Landlord certificates & gas safety checks.

All plumbing work undertaken, local friendly service.

Fully insured.

**01954 267054**

**07870520702**

[www.cambridge-plumber.co.uk](http://www.cambridge-plumber.co.uk)

[jim-edwards@live.co.uk](mailto:jim-edwards@live.co.uk)



## M & M Heating & Building Services

- Full Gas & Oil Boiler installation
- Full Heating Systems
- Boiler Servicing and Landlord Certificates
- Power Flushing
- Full Bathroom Design & Installation
- All Plumbing Works Large and Small
- Extensions, Alterations and Repairs
- Refurbishment and Renovations
- Kitchen Design and Installation
- All Carpentry Works

**01223 691599**

07766 281962/07832 261791

[info@mandmheating.co.uk](mailto:info@mandmheating.co.uk)

[www.mandmheating.co.uk](http://www.mandmheating.co.uk)



10 SOUTH ROAD, IMPINGTON, CAMBS, CB24

## Cambridge Solar Ltd

Local, Friendly, & Professional since 2009

Contact us today for a quote.

**01223 863 885**

[cambridge-solar.co.uk](http://cambridge-solar.co.uk)

Since 2009, Cambridge Solar Ltd has installed nearly 400 solar energy systems at homes and business around Cambridgeshire, including the Bar Hill Village Hall in 2014. We are committed to serving our community through honest, high-quality workmanship engineered to each client's goals.

**Winner:** 2018 British Renewable Energy Installer of the Year, from the REA

**Winner:** 2018 Solar PV Installer of the Year, East of England Energy Efficiency Awards

cambridge·solar

## AIRPORT CARS CAMBRIDGE



- Long distance journeys and airport transfers
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- 5 to 8 seater MPV for family holidays
- Cruise terminals & Eurostar
- Visit our website [www.airportcars.uk.net](http://www.airportcars.uk.net)

For the most competitive quote call:



# L.C Electrical Contractors Ltd

Our dedicated, friendly team offer a comprehensive range of electrical services from domestic repairs, installs and rewires to Commercial installations, maintenance and upgrades.

**Our services include, but are not limited to:**

- Solar PV & Battery Installers
- Specialists in wiring Heating Systems and fault finding
- Domestic and Commercial Work
- CCTV
- New Installations
- Periodic Inspections / EICR
- Re-wiring
- Fire Alarm Servicing and Installation
- Electric Car Chargers – OLEV approved installer
- Emergency Lighting, Data and Network
- 24/7 Emergency Call out
- Fault finding and repairs
- Portable Appliance Testing

Please call for honest advice and free quotes from trusted, experienced electricians.

Tel: 01954 261501 | Mob: 07833 133990

lc.electrical@btinternet.com | [www.lcelectrical.co.uk](http://www.lcelectrical.co.uk)



## Bar Hill's Newspaper Delivery Service

**ANY newspaper or magazine, ANY day of the week  
delivered to your door by 7.30am.**

**£1.50 – Saturday + Sunday**

**£2.00 – Monday to Friday**

**£2.50 – Monday to Sunday**

**(Plus the price of your selected paper or magazine)**

Set up in 2011 we deliver to households and businesses in Bar Hill, Offering you a simple, reliable service for a great price.

Tel: 07832122534 - [info@yourlocalpaperboy.co.uk](mailto:info@yourlocalpaperboy.co.uk)

# K & S SERVICES

Tel: 01954200869

Mob: 07548796094

**All aspects of Carpentry and Joinery**

**Kitchen Fitting, Wall and Floor Tiling,  
Fencing**

**Internal/External Painting and Decorating**

**Laminate and Wood Flooring**

**Bathroom Refits, Heating Systems**

**FRIENDLY & RELIABLE LOCAL  
SERVICE  
QUALITY WORK GUARANTEED**

## MOTUS PHYSIOTHERAPY

SIMPLE AND EFFECTIVE

Chartered Physiotherapists | In Girton |  
Ample Free Parking | Home visits |  
Accept Private Medical Insurance and  
Self Funders

**01223 949405**

W: [www.motusphysiotherapy.co.uk](http://www.motusphysiotherapy.co.uk)

E: [info@motusphysiotherapy.co.uk](mailto:info@motusphysiotherapy.co.uk)

Prime Time Fitness, Oakington Road, Girton,  
CB3 0QH

## Bar Hill Cricket Club

The pitch preparations are well under way and indoor practice has begun – before we know it, we'll be taking to the village green for the new season.



We are once again running a Saturday team in the Cambridgeshire Cricket Association Junior League and a midweek team in the Cambs Business Houses League.

This year, our Saturday team will play in Division 4W and will be up against Cambridge St Giles IV, Cambridge Tamil Sangham II, Cherry Hinton II, Comberton, Elsworth, Fulbourn Institute II, Longstowe and Milton III.

Our first game of the season will be at home to Elsworth on Saturday May 3 – more about our fixtures in the next Bar Hill News.

Midweek matches start at 6pm and are 15 eight-ball overs. Our campaign starts on Wednesday May 28 with a trip to Phoenix. We will also play against Cokenach, Queens Head, Fen Ditton, Qualcomm, Stapleford II, ELA, BAS, RSC and NCI.

It promises to be a busy season, and hopefully with better weather than last summer, you will see more of us in action on the village green.

Off the pitch, we're hoping to set up a quiz night during the season, details to follow.

We're always looking for new players and potential support off the pitch. You can get in touch via [info@barhillcricket.org.uk](mailto:info@barhillcricket.org.uk) or on the number below, or follow all the latest in the Bar Hill News and on our website at [barhillcricket.org.uk](http://barhillcricket.org.uk) or on our Facebook page.

Paul Stimpson

201212 |  
[info@barhillcricket.org.uk](mailto:info@barhillcricket.org.uk)

# PEASGOOD & SKEATES

## THE FAMILY FUNERAL SERVICE

Personal care and attention  
24 hours a day by local, qualified staff

617 Newmarket Road  
CAMBRIDGE  
01223 415255

164 Histon Road  
CAMBRIDGE  
01223 791060

*Also in Duxford, Sawston,  
Saffron Walden and Haverhill*

[www.peasgoodandskeates.co.uk](http://www.peasgoodandskeates.co.uk)

## GB BUILDERS

NO JOB TOO SMALL  
FOR ALL MAINTENANCE  
RENOVATIONS AND DIY WORK  
All general building repairs & odd jobs  
Specialist in Painting & Decorating

Groundwork & Grass cutting

- Driveways, Paths, Patios
- Brickwork & Plastering
- Block paving
- Concreting
- Slabbing
- Fencing
- Plumbing
- Tiling
- Roofing
- Drainage
- Guttering
- Carpentry

**Call today**

**07877 742 420 or  
01487 479253**

[g.builders@yahoo.co.uk](mailto:g.builders@yahoo.co.uk)





ADULTS - KIDS - LADIES ONLY

YOUR FIRST CLASS IS FREE

Learn the exciting Art of Muay Thai KickBoxing

with Former British & Commonwealth Champion - JUNIOR HERBERT

CALL JUNIOR : 07900 553963

Email: [junior@jhfitnessacademy.co.uk](mailto:junior@jhfitnessacademy.co.uk)



## Cambs Property Bureau

Looking for a property to rent?  
Want to rent out your property?  
Call us on **01954 260200**

Email: [enquiries@cpbm.co.uk](mailto:enquiries@cpbm.co.uk)  
[www.cambspropertybureau.co.uk](http://www.cambspropertybureau.co.uk)

Address: The Cabin.  
123 Appletrees. Bar Hill. Cambs.  
CB23 8SP

# Paying too much for your glasses?

## Save Money - Buy Direct!

Visit our factory shop to see our fabulous range of Discount Prescription Eyewear

- Hundreds of frames to choose from, including designer frames from Ray-Ban, Polo Ralph Lauren, Oakley, PRADA, Ted Baker and Versace
- Specialists in high and complex prescriptions
- Same-day or next-day service available\*
- Save up to 75%
- Huge range of designer sunglasses
- Full range of sports eyewear

Official stockists

\*subject to prescription and availability



POLO  
RALPH LAUREN



PRADA  
EYEWEAR

TED BAKER®  
LONDON

VERSACE

We are open 9am to 5pm Monday to Friday, and 9am to 1pm Saturday



ALL EYES  
SPECTACLE MAKERS  
SINCE 1987

Call us

**01954 231545** [www.all-eyes.co.uk](http://www.all-eyes.co.uk)

Visit our website

20 Norman Way Industrial Park, Over, Cambridge CB24 5QE

## Bar Hill Church Knit & Natter

"Knit & Natter" is a well established group in Bar Hill for ladies of any age who like to knit with others in a relaxed and friendly atmosphere.

We meet every Thursday afternoon from 1.15 in The Octagon opposite The Doctors Surgery. The Octagon is the smaller building next to Bar Hill Church.

As part of our afternoon activities we encourage everyone who wishes to do, to take part in a few fun and vital short keep fit exercises to boost their physical and mental health.

Our main feature is the creation of many wonderful knitted items which are given to local charities who need our help. This can be baby clothes, warm adult knitted items and Lap blankets in the winter for local people. We have established contacts with local charities who are delighted to receive our "knitted treasures"

Possibly one of the most important features of the group is that all are welcome and are encouraged and enabled to meet new friends while sharing a pleasurable mutual interest. This might be a good starter if you are new to the village to find new friends and re-start a previous hobby

Then, of course, there is Tea time accompanied of course with a welcome selection of cakes.

As well as our weekly meetings, we hold other events in the year. We enjoy outings to the seaside and occasionally, a winter shopping trip. We also have a couple of Craft Days to explore more creative activities. Also a Garden Party in the summer.

We would be delighted to welcome you to our group and I will be happy to talk more about it if you are not sure if it is right for you.

Hope to see you there.

Sue 01954 780260

## Rothwell's Carpet Cleaning

### Carpet Cleaning & Stone Floors, Upholstery, Rugs

*A few points that make us stand out,*

Rothwell's has been in business since 1993

We're an honest local family firm.

Our large truck mounted machines mean more cleaning & drying power for excellent results.

Members of both the NCCA and TACCA.

We will move the furniture.

100% satisfaction or it's FREE.



*Call Oliver and Max Campbell  
for expert help today.*

**01223 832 928** [www.Rothwells.biz](http://www.Rothwells.biz)

A. Denton  
Painting & Decorating  
*High Quality*  
INDUSTRIAL  
COMMERCIAL  
DOMESTIC  
102, Stonefield  
Bar Hill  
Cambridge  
CB3 8TB  
**01954  
782472**  






# FLOOR COVERINGS

Cambridgeshire's largest flooring showroom  
est. 1996

**FREE** no obligation quotes

**01223 233233**  
**[www.floor-coverings.net](http://www.floor-coverings.net)**

Unit 31-32 Dry Drayton Industries, Scotland Road,  
Dry Drayton, Cambridge CB23 8AT  
Open: Mon - Sat 9-5

## THE ROYAL BRITISH LEGION

The Royal British Legion meetings are open to anyone who would like to become a member. You do not have to have served in the Forces to join. We are there to support all ex -service personnel.

Dates for your diary for 2025;

- 24th April
- 26th June
- 28th August
- 23rd October  
AGM

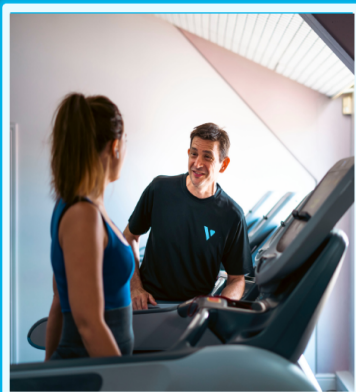


Meetings start at 7:30 in the Octagon Meeting Room.

If you would like to visit and see what we do at a meeting, please feel free to either come along or contact Wendy Arrowsmith on **01954 781381** or Malcolm Cox on **01954 488657**.

# vision fitness

## NO CONTRACT, NO JOINING FEE



- GYM
- FITNESS CLASSES



- PERSONAL TRAINING
- COMPLIMENTARY FITNESS PLAN



- FRIENDLY & WELCOMING
- GREAT GYM EQUIPMENT

Memberships  
from  
£30 Per  
Month

📞 07712615204

🌐 [www.visionfitnessgirton.co.uk](http://www.visionfitnessgirton.co.uk)

📍 Camboro Business Park, Oakington Road, Girton, CB3 0QH

## K & E PRO AESTHETICS LTD

HAIR, NAIL & BEAUTY SALON

All your hair, nail, beauty, massage & aesthetic treatments, available under one roof, at  
The Farmhouse  
Bar Hill  
CB23 8DY

For hairdressing  
please contact Liz on 07717 504285

For nails, beauty, massage and aesthetics,  
please contact  
Emily on 07711 237934  
or  
Kylie on 07983789331

or Call the salon on 01223 375011

## R. A. Miller Plumbing and Domestic Heating

Fenside, 71 Willingham Road,  
Over  
Cambridge CB24 5PE



All plumbing work undertaken

- New boiler replacement and installation with free quotation
- GAS boiler and GAS fire servicing - Landlord Certificates.
- Heating problems - Diagnosis and rectification.
- General plumbing - taps, washers, pipe work, showers, etc.
- Full and partial Bathroom installation work

For a reliable and professional local service

**Robert Miller**

Office **01954 203277**, Mobile **07831 853885**  
robert.miller@ntlworld.com

## Relate Cambridgeshire

### One-Session Therapy

Are you feeling overwhelmed?

Sometimes, all you need is one session to gain clarity, find your balance, and start your journey toward emotional well-being.

#### What we offer:

- A confidential space to talk about your concerns
- Professional guidance from a Relate trained counsellor
- Tools and insights to manage stress, anxiety, or any life challenge.

#### Contact Information for Relate Cambridgeshire

website: [www.relatecambs.org.uk/](http://www.relatecambs.org.uk/)  
email: [counselling@relatecambridge.org.uk](mailto:counselling@relatecambridge.org.uk)  
phone number: 01223792226



# WILLINGHAM JAZZ CLUB

WILLINGHAM SOCIAL CLUB. FEN  
END. CB24 5LH

1st SUNDAY IN THE MONTH

12:30 pm- 3:30 pm

DOORS OPEN 12 NOON

**Apr 6 Dave Rance's Rocking  
Chair J B**

**May 4 The Riverside Jazz  
Band**

**Jun 1 The Gambit Jazzme**

Admission £10.00

Fully Licensed Bar. Large Dance Floor. Tea/  
Coffee & Fresh Rolls Available.

For further information call Rosie-Val on  
**01954 789670**



**ENTIRE**  
GROUP



The Complete Gas Heating and Plumbing Company



**Plumbing • Heating • Gas  
Bathrooms • Water Softeners  
Property Maintenance**

**Tel: 01954 204044 • Web: [www.entiregroup.co.uk](http://www.entiregroup.co.uk)  
Email: [service@entiregroup.co.uk](mailto:service@entiregroup.co.uk)**

## NOT TOO NEAR, NOT TOO FAR

**FOR INDEPENDENT FINANCIAL  
ADVICE**

On investments, regular savings, pensions,  
life cover, inheritance tax planning, etc

Contact: **Nigel Bolitho of BV Services**  
185 High Street, Cottenham. Cambridge.  
CB24 8RX.

Tel **01954 251 521**

Email: **[ncfb007@gmail.com](mailto:ncfb007@gmail.com)**

Authorised and regulated by the Financial  
Conduct Authority

## Topfield Farm

16 Cambridge Rd,  
Barton,  
Cambridge, CB23 7AR



**MAGGIE'S Farm Shop**  
**Nordic lifestyle & gifts**

[www.maggiesfarmshop.com](http://www.maggiesfarmshop.com)  
[@maggiesfarmshop](mailto:@maggiesfarmshop)  
[info@maggiesfarmshop.com](mailto:info@maggiesfarmshop.com)  
+44 (0) 1223 263169



**Lance Rayner  
Sectional Buildings**

- garages - workshops - sheds  
- garden rooms - greenhouses  
- concrete, steel or wooden  
+44 (0) 7702 669026  
+44 (0) 1223 262888

Do you live in the Town of Bar Hill and have difficulty getting out and about by public transport? Would you like to attend classes, medical appointments, do your supermarket shop or simply visit family and friends independently?

### Then let Cambridge Dial-a-Ride Help

We can pick you (and/or your group) up from your home on one of our 'passenger accessible' minibuses, take you to your appointment, class or any destination\* and then return you to your doorstep - all for an affordable fare. All our buses are wheelchair friendly, and our drivers are fully trained to get you there safely.

Call us on **01223 506335** for details on how to join/book your journey, we look forward to welcoming you on board.

\*Some areas outside of our boundaries are excluded from our service



Already a member?  
Recommend a friend or  
Group to join Dial-a-Ride  
and we will give you a  
return journey of your  
choice for Free

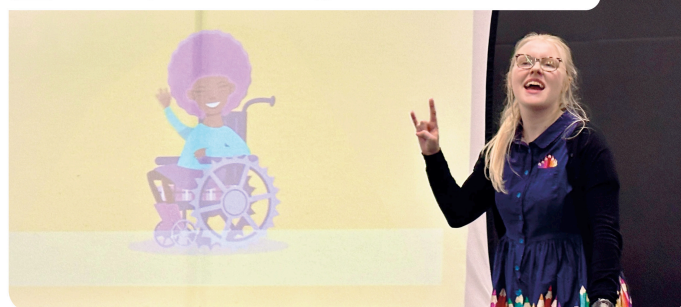
[www.cambridgedialaride.org.uk](http://www.cambridgedialaride.org.uk)

Cambridge Dial-a-Ride – Registered Company No 3172130 – Registered Charity No 1053924

THE  
LIBRARY  
PRESENTS

Histon Library

School Hill CB24 9JE



## F(able): Fierce Fairy Tales for the Next Generation of Heroes

(Theatre & Storytelling)

**Saturday 12 April**

**3pm (Doors open 2.45pm)**

Running time: 30 minutes

Suitable for:

Families with children aged 5 – 11 yrs

Tickets: Pay what you can (Booking required)

An uplifting and modern retelling of fairy tales, where disabled characters are the heroes! This fun show by **Helena Ascough** features storytelling and animation with an exciting original soundtrack. Come and experience fairy tales like you have never experienced them before...big kids welcome!

To book tickets and to see access information and full detail of the whole programme visit  
[www.library.live/the-library-presents](http://www.library.live/the-library-presents)



Arts Council  
ENGLAND

Urban&Civic

Babylon  
ARTS

Cambridgeshire  
County Council

Bringing arts activities to venues across Cambridgeshire

## Crafts Shed - April 2025

Crafts Shed members continue to meet in the Octagon Meetings Room, on Thursday Mornings from 0930 to 1230. Whilst extremely grateful to the Leadership of Bar Hill Church for letting us do this we still require new accommodation.

Over the last two and quarter years of trying, we have been unable to secure new accommodation. At the December Meeting of the Trustees the very difficult decision was taken to take the appropriate steps to relinquish our Charitable Status. This was ratified by the Membership at an Extraordinary Meeting. We will also relinquish being members of the UK Mens Shed Association. There are very strict procedures to be followed over the next few months.

The new group will be called BHOB Short for Bar Hill Old Boys.

All future communications will be under BHOB

We continue to meet for coffee / tea but will continue to also arrange trips out to places of interest. In the past as Crafts Shed we have visited a few Museums . If you are over 18 and would like to come and join us, please contact Chris or Nick below. We look forward to welcoming new members.

May we take this opportunity to thank the Community for their Support over the last four and a half years.

If you would like further information please call Chris Stannard **07711 623425** or Nick Gunton on **07484 2555214**



Registered Charity 1192237



**City & Guilds**  
Qualified



**APPLETREES**  
**PLUMBING & HEATING**



Number 564278

All types of domestic plumbing, heating, renewable energy and gas work undertaken including:

Boiler Installation and Servicing  
Radiator Installation and Moving

Heating System Updating and Installation  
Heating System Cleaning and Power Flushing  
Inspection and Certification  
Renewable Energy Specialists

Bathroom Installation  
Appliance Installation

Tap repairs  
Toilet repairs  
Install & repair water storage tanks  
Underfloor heating

**City and Guilds Qualified and Gas Safe Registered**

**Local Plumbing and Heating Engineer**

Office Number – 01353 741236

Email – [info@appletrees.plumbing](mailto:info@appletrees.plumbing)

# **KH Flooring Services**

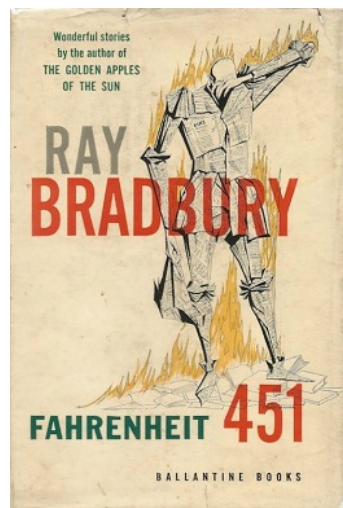
**Suppliers & installers  
Domestic & Contract**

**Carpets, Vinyls, Karndean  
Safety Flooring, Full Prep, etc**

**Samples Brought to You  
Free Quotations  
Tel 07801542378 / 07546384500**

**Email [flooringquotes@aol.com](mailto:flooringquotes@aol.com)**

**VIEWFARM BUNGALOW Park Lane Dry Drayton CB23 8DB**



## **Bar Hill Ladies Book Club**

Bar Hill Book Club will meet again on Tuesday 15th April in the Sports and Social Club at 7:30 pm. The book is: "Fahrenheit 451" by Ray Bradbury. For details of future events please email [sheilafarrar@hotmail.co.uk](mailto:sheilafarrar@hotmail.co.uk) or call/text 07920 558319



March was a month full of celebrations as there were many interesting and fun days to celebrate.

On the first week of March children enjoyed making and eating their pancakes for their snack on pancake day.

On the first Thursday of March, we celebrated World book day. As it's the celebration of books and reading, we have been encouraging children to embrace reading through fun activities like dressing up as their favourite characters and sharing their favourite stories with us. World Book Day was created by UNESCO in 1995 and is now celebrated in more than 100 countries.

Later on during the month the British Science Week took place between 7th-16th March. On that week, our focus was on science experiments around colours and materials that do not mix. The children were experimenting for instance with cinnamon powder, coffee, water etc and they had lots of fun during these activities, being young scientists.

Science week was followed by the Festival Holi (Hindu festival of colour) that is a vibrant Hindu festival marks the end of winter and the arrival of spring.

We have also celebrated St Patrick's Day by making rainbows and counting with our

numbered shamrocks. We listened and danced to some Irish music.

On the 21st March Red Nose day arrived with a focus on the character Bluey. The children had fun wearing red noses, dressing in the colour blue and participated in activities around the colour blue.

During the last week of the month children have been making Mother's Day cards and gifts as they were getting ready for Mother's Day, the last Sunday of the month.

Fundraising events coming soon

.....

On Wednesday 2nd April we will host a cookie and muffins cake stall at the fire door entrance (village green side) of the Preschool. Do come along (cash only please).

On Wednesday 16th April we will host a Preschool Easter play session. Please see posters and Facebook posts for further information on ticket information.

We offer places to children the term after they are two years old. We accept 2,3,4 year old funding and also are part of the national savings childcare scheme. See our website [www.barhillpreschoolcio.co.uk](http://www.barhillpreschoolcio.co.uk) for more details or call **01954 782892** for an application form.

Bar Hill Preschool CIO

Tel 01954 782892

[www.barhillpreschoolcio.co.uk](http://www.barhillpreschoolcio.co.uk)







**ALAN'S**  
CARPETS

## Carpets and Vinyl Supplied and Fitted

We have been in the carpet  
trade for 50 years!

Free Quotes

Home sample selection service  
available or visit our showroom  
located in Swavesey

Express delivery & fitting

Phone

**07790 681317**  
**01954 232298**



## A Barrett & Son Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance  
And Repairs including testing and inspection  
Domestic, Industrial and Commercial

Bar Hill Resident for over 40 Years

- New Build Installations • Security Lighting
- Rewires • Zappi Car Chargers
- Extensions • Testing / Inspections
- Smoke Detectors • Data Wiring
- Lighting • Consumer Units
- Power • Heating/Showers

**A Barrett & Son Electrical**

7 Oatlands Avenue, Bar Hill, Cambridge, CB23 8EQ, United Kingdom

Mobile: **07735615871**

Email – [barretts11@msn.com](mailto:barretts11@msn.com)

NICEIC Reg No : EPP32673

Vat Reg No. 258 9429 52



# ELITE

**TEL: 781937 MOB: 07986392611**

**43 THE SPINNEY  
BAR HILL  
CAMBRIDGE, CB3 8ST**

- \* **FULL BATHROOM AND KITCHEN DESIGN  
& INSTALLATION**
- \* **ALL ASPECTS OF FLOOR/WALL TILING**
- \* **SUPPLY & FIT OR LABOUR ONLY**
- \* **LAMINATE WOOD FLOORING**
- \* **FREE QUOTATIONS AND ADVICE**
- \* **QUALITY WORK GUARANTEED**

**WE CAN ALSO LOOK AFTER ALL YOUR  
PROPERTY MAINTENANCE REQUIRE-  
MENTS**

**e-mail: [dean.mills2@hotmail.co.uk](mailto:dean.mills2@hotmail.co.uk)**

# C & C BLINDS

*SPECIALISTS IN  
BLINDS  
ANY SIZE AND  
COLOUR*

**VERTICAL BLINDS  
WOODEN VENETIAN BLINDS  
ROLLER BLINDS  
ROMAN BLINDS  
VENETIAN BLINDS**

**REPAIRS**

**FREE ESTIMATES**

**Tel: 01223 211171 — Mobile: 07761 262070**

## Crazy Dog Lady

### Pet Services



Services include:

Dog Walking  
1-2-1 Training  
Pet pop-ins  
Dog Sitting (some restrictions apply)

Friendly, reliable, fully insured with a secure van. DBS checked.

For prices and details visit  
[www.crazydogladyservices.co.uk](http://www.crazydogladyservices.co.uk) or call 07913 690021

## Comberton Ramblers

Join our friendly group for wonderful walks  
Comberton Ramblers walk alternative  
Sundays between 5-7 miles.

The original concept of the club hasn't  
changed since 1974, it is to encourage  
people to take a walk in their local  
countryside, enjoy a social chat, and at the  
same time learn a little about the local flora  
and fauna, but all in a friendly atmosphere.

You are welcome to join us on any two of  
our walks to see if our group is for you.  
Then, once you have enjoyed the views, fun,  
exhilaration, it is just a case of becoming a  
member. Annual membership membership  
fee is £10.00 per person.

No dogs are allowed except assistance dogs.

For further information please contact me  
**stella.hardwicke2274@hotmail.com** or  
**01954 210049** (mobile **07930 951703**).

Stella – Secretary

<https://combertonramblers.org.uk>

### OWN YOUR OWN ORIGINAL ARTWORK



Local artist will create a work of art from your  
image (still life, landscape or figure). Prices from  
£200 per picture.

Fill in the form on the website or give Paul a call (or  
WhatsApp) on m:07831 192937 or email him on  
[paul.samuel@paintingfrompix.com](mailto:paul.samuel@paintingfrompix.com)



Bar Hill Fête & Festival  
Committee Presents.



# LIVE AID 40 YEARS ON

Trade / Craft Stalls  
On the Village Green and in the Church Hall

Raptor Foundation - Childrens Rides  
Live Music & DJ - Food - Real ale's

Inflatables - A Fun Day out For All  
Our Special Guest this year

## BIG 10

Sat 12 July,  
2025

FREE  
ENTRY

On the  
Village  
Green  
From 2pm

## JASON KIRBY

### Professional Painting & Decorating Ltd

All Aspects of Internal & External Decorating  
Period, Residential & Commercial Properties.

Wallpaper & Mural Install

Kitchen Cabinet & Furniture Re-Sprays.

Floor Sanding & Restoration.

City & Guilds, NVQ Qualified.

Service, Quality & Reliability.



01954 211775  
[www.jasonkirbyltd.co.uk](http://www.jasonkirbyltd.co.uk)



## Longstanton & Northstowe Bowls Club

Our 2025 outdoor lawn bowling season starts on 19<sup>th</sup> April with Open day and our first competitive league match is played on 29<sup>th</sup> April. If you're intrigued to learn a little more about Lawn Bowls then please do come along and meet us. The Bowls Green is situated behind the Western Park Sports Pavilion, Peppercorn Drive, Northstowe, CB24 1BF.

Throughout the season, there are rollups on Thursday afternoons from 2:00pm to 4:30pm and by arrangement on Saturday afternoons from 2pm to 4:30pm. These sessions provide newcomers with an ideal opportunity to learn bowling skills and sample the social side of the sport. Spare bowls, in a variety of weights and sizes, are always available for practice. All we ask is that you wear shoes with a smooth sole so as not to damage the green. First year membership for Newcomers is only £10 (adults) and £5 (juniors 18 or under), such a small price to pay to be part of one of the friendliest Bowls Clubs in Cambridgeshire.

The Club plays in four different leagues. The Ely and District, afternoon league (3 rinks of triples), playing on Mondays and Fridays. The Cambridge and District evening league (4 rinks of triples). The Meldreth & District evening league (4 rinks of triples) and finally, the Cambridge Business Houses evening league (2 rinks of pairs) with teams in the Men's and Open

leagues. All the league matches are played from late April to late August. The club's internal competitions are played over the season with finals day in early September. Regardless of your bowling experience, we can offer bowling at a level you're comfortable with.

If you want to know more, please visit our website [www.longstanton-bowls-club.co.uk](http://www.longstanton-bowls-club.co.uk) or find us on Facebook by searching for "Longstanton at Northstowe Bowls Club". If you have any other questions please email: [david@longstanton-bowls-club.co.uk](mailto:david@longstanton-bowls-club.co.uk)



Friendly Bar Hill based roofer

20+ years experience


Small repairs to complete re-roofs

**T**  
**TCW**  
**ROOFING**

[roofingtcw@gmail.com](mailto:roofingtcw@gmail.com)

07885470122



  
**Willingham**  
**Memory Box Café**

Invites people living with memory loss (from any cause) and their carers to join us for Music, Company, Chat, Refreshments and Fun

from 10 am to 12 noon

In The Octagon  
(behind Willingham Parish Church, with wheelchair access and no steps)

or visit our facebook page [www.facebook.com/WillinghamMemoryBoxCafe/](http://www.facebook.com/WillinghamMemoryBoxCafe/)



## Do you need care visits at home?

Greenwood Homecare  
provides quality care  
in Cambridge and  
the surrounding areas

✓ **FREE ASSESSMENT**

📍 **DAY, LIVE-IN OR NIGHT  
CARE AVAILABLE**

**FOR MORE INFORMATION**

Visit: [Greenwoodhomecare.co.uk](http://Greenwoodhomecare.co.uk)

Email: [Bethanie@greenwoodhomecare.co.uk](mailto:Bethanie@greenwoodhomecare.co.uk)

Call: **01223 850938**



Your local Indian Takeaway.

Order on **01954 781007** or **01954 781777**.

Free delivery to Bar Hill.

Order online on [www.barhillspice.co.uk](http://www.barhillspice.co.uk) to  
claim £5 off on your first order. We reward  
you for your every order when you join Bar  
Hill spice loyalty scheme.

**RedLocks  
Locksmiths**



**Locked out? All locks opened,  
fitted, repaired and replaced**

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

**SERVICING BAR HILL AND  
SURROUNDING AREAS**

Student and OAP discounts

**freephone 0800 8 247 047**

**t 01954 202818**

**m 07784 240 970**

**w [www.redlocks.co.uk](http://www.redlocks.co.uk)**

**e [info@redlocks.co.uk](mailto:info@redlocks.co.uk)**

**U3AC**

**Inspiring, Educational, Sociable.**

**Retired or semi-retired?**

Now it's your time to explore new  
ideas, skills and interests, meet new  
people and enjoy yourself!



From astronomy to history, Bridge to botany - there is  
something for everyone!

- Run by members for members
- Meet people with common interests
- Choose from over 300 educational, social and leisure  
day-time activities in and around Cambridge.

27-28 Bridge Street, Cambridge, CB2 1UJ  
Telephone: 01223 321587  
Registered Charity No: 1180769

**Join us today**  
**[www.u3ac.org.uk](http://www.u3ac.org.uk)**



## Wildlife Gardening in April

Focus on supporting early spring pollinators, birds, and preparing for the growing season by planting and sowing seeds for vegetables and wildflowers.

Here's a breakdown of what you can do:

- Plant for early blooms: April is a good time to sow seeds of spring-flowering plants that will attract pollinators.
- Consider these plants: Pansies, primroses, sweet alyssum, violas, and lobelia are good choices for bedding plants. Create a bee hotel: Build or purchase a bee hotel to provide shelter for solitary bees.
- Leave some areas unkempt: Allow some areas to grow wild to provide habitat for insects and other wildlife.
- Provide water sources: A shallow dish of water or a birdbath can be a life-saver for wildlife, especially in dry periods.
- For Birds: Provide food and water: Continue to provide food and water for birds, especially as they prepare for nesting.
- Clean bird feeders and baths: Regularly clean feeders and baths to prevent the spread of diseases.
- Plant native trees and shrubs: These provide food and shelter for birds.

For the Garden:

- Plant out perennials: Plant out perennials that will provide blooms throughout the summer.
- Consider vertical planting: Fix wires and trellis on any appropriate vertical surface to support wildlife-friendly climbing plants, such as honeysuckle, jasmine and wisteria.



## Helping Hedgehogs in April

In April, as hedgehogs emerge from hibernation and start building fat reserves, you can help them by providing food, water, and safe nesting sites like hedgehog houses or natural materials.

You can help by:

- Providing food & water. Hedgehogs are hungry after hibernation, so provide them with food like meaty cat or dog food or commercially sold hedgehog food only. Never leave milk as hedgehogs are lactose intolerant!
- Create Safe Nesting Sites: Put out a hedgehog house, as female hedgehogs start cleaning out nest sites in April. For nesting materials you can provide natural materials like log piles or leaf piles. Hedgehogs may also use piles of brushwood, inside compost heaps, or under sheds.
- If you have a compost heap or shed, check for nesting hedgehogs before disturbing them. Check before clearing brush, especially trimming hedges or using mowers!



If you are in need of help or advice on hedgehogs please can you contact: Liz Dams - **07912 988898** / Shepreth Hedgehog Hospital - **07947 361187**

## Help! We're Missing Something

Maybe it's an article by a group you support? A bit of local news? Or even details of an event? Let us know! Deadline for our May issue is **Thursday 10th April.**





# BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH

01954 780456 - [clerk@barhill-pc.gov.uk](mailto:clerk@barhill-pc.gov.uk)

Chairperson: [bunty.waters@barhill-pc.gov.uk](mailto:bunty.waters@barhill-pc.gov.uk)



## Winter Tree Maintenance Works

You may have seen our contractors working on the many trees and green areas around the village. This maintenance work is carried out at times to avoid disturbing nesting birds and wildlife in the spring and summer.

Unfortunately, every year some of these trees have to be cut back hard or felled to maintain the health of the trees, and for safety and insurance reasons.

There has been a number of Ash Trees removed around the Village due to Ash Die Back this kills the trees and causes them to become hazardous.

Ash Dieback (*Hymenoscyphus fraxineus*) is a fungus which originated in Asia. It doesn't cause much damage on its native hosts of the Manchurian ash (*Fraxinus mandshurica*) and the Chinese ash (*Fraxinus chinensis*) in its native range. However, its introduction to Europe about 30 years ago has devastated the European ash (*Fraxinus excelsior*) because our native ash species did not evolve with the fungus and this means it has no natural defence against it.

## Grass Cutting

Grass Cutting resumed mid- March, please be mindful when parking so as not to block access for the grass cutters.

## City Fibre

As everyone is now aware work has commenced on the laying of the Fibre Optic cables around Bar Hill.

For any complaints relating to this please

direct them to <https://up-connect.com/contact/> and fill out the form.

## Clothes around the Village

Please can you remember to pick up any coats or clothes from the play areas around the village and from the village green.

## Dog Fouling

Please make sure you clean up after your dogs and have poo bags with you when out walking with your dogs.

## New Website

After a few delays, the new website is now up and running.

## Committee Meeting Dates

Environment and Amenities Meeting 2 April 2025

Finance Policy & Governance Meeting 2 April 2025

Annual Parish Meeting 16 April 2025

Full Council Meeting 17 April 2025

## Over Memory Café

inviting all people living with memory loss, their families and carers, to join us for Music, Refreshments and Fun.

**Saturday, April 26**

**Saturday, May 24**

**Saturday, June 28**

from 10 am to 12 noon

at The Over Day Centre, 1 Drings Close, Over, CB24 5N  
wheelchair accessible, free parking available

please visit <https://www.facebook.com/OverMemoryCafe/>

**USEFUL LINKS:** Dogs (Fouling of Land) Act 1996 ([bit.ly/bh-dogfouling](https://bit.ly/bh-dogfouling)) - Environmental Crime ([bit.ly/bh-envirocrime](https://bit.ly/bh-envirocrime)) - Damaged Street Nameplate ([bit.ly/bh-streetnameplate](https://bit.ly/bh-streetnameplate)) - Reporting issues with roads, paths, street lights, etc. ([bit.ly/bh-highwaysfault](https://bit.ly/bh-highwaysfault)) - Report a non-urgent Crime - ([bit.ly/bh-reportcrime](https://bit.ly/bh-reportcrime))



# BAR HILL TENNIS & PICKLEBALL CLUB

We had an enjoyable and well-attended AGM on Tuesday 4 March in the Social Club at which the new name for our Club (now including 'Pickleball') was confirmed and a new committee was elected. Contact details for the Club's officers are listed below.

We're grateful to outgoing chair Geoff Tamulonis for his many years of service, and also (as ever) to Malcolm Cox for acting as independent examiner of our accounts.

## TRY PICKLEBALL

We've been delighted by the number of people who've shown interest in learning to play pickleball. Some brave souls have been playing on the outside courts on Friday mornings through the winter. (We also played in the school on Tuesday evenings).

Don't know what pickleball is? Check out <https://www.pickleballengland.org/what-is-pickleball/> or just search for 'pickleball' on the web. It's an inclusive, social sport, suitable for all kinds of experience / abilities and easy to pick up. We try to match people up with others of a similar ability, including absolute beginners. Keep active, and make new friends!

Want to have a go? We're holding a pickleball OPEN DAY at the tennis courts from 9.30-12.00 on Saturday 12 April. Just come down any time in the morning. We'll supply the bats and balls! Juniors are welcome if they are accompanied by an

adult (who doesn't have to play, but then again, why not have a go too?).

## CLUB TIMES

Our Adult Club nights for social tennis are Tuesdays and Thursdays starting at 6.30pm. The first club night will be Tuesday 8 April.

Our Adult Club times for pickleball are Monday evenings starting at 6.00pm and Friday mornings at 10.00am. The first Monday club night will be Monday 31 March.

## RESURFACING PROJECT

We've been gathering some quotations to resurface the courts and include both tennis and pickleball lines. The next step is to approach possible funders.

## MEMBERSHIP

Club membership runs from April to March, so membership fees are now due and the court access code will be changed from 1.4.25. Membership covers both tennis and pickleball and you can be part of the WhatsApp groups for either or both sports which give info about what's happening. You can apply online at [www.barhilltennisclub.co.uk](http://www.barhilltennisclub.co.uk).

## CONTACT

Paul Chubbuck (Chair) |  
[chair@barhilltennisclub.co.uk](mailto:chair@barhilltennisclub.co.uk)

Richard Lewney (Secretary) |  
[secretary@barhilltennisclub.co.uk](mailto:secretary@barhilltennisclub.co.uk)

Ian Foot (Treasurer) |  
[treasurer@barhilltennisclub.co.uk](mailto:treasurer@barhilltennisclub.co.uk)





# BLUE HOUSE Computer Help

SPEED UP, FIX UP, OR UPGRADE YOUR COMPUTERS



**WE CAN HELP YOU WITH  
COMPUTER RELATED PROBLEMS**  
AROUND YOUR HOME OR HOME OFFICE

## HOW WE CAN HELP

- Fixing Windows Startup Problems
- More Space on your Computer
- Faster Computer Speeds
- Transfer Apps & Files to New Computers
- Setting Up & Repairing Networks
- Fixing Wi-Fi Dead Spots
- Sync all your Devices around the Home
- Virus & Malware Clean Up
- General Maintenance
- Optimisation & Upgrade Services



## WHY PEOPLE LOVE WORKING WITH US

**We are meticulous,**  
friendly and tidy up  
after our work

You are safe with our  
**100 day guarantee**

You are **protected** by our  
professional indemnity  
and public liability cover

We can work either  
**in your home or remotely**

**We can loan you a laptop**  
while we work on your  
computer



## BOOST YOUR SPEED!

We can make your computers work even better and faster  
than when they were brand new!

**TO GET HELP NOW, CALL MICHAEL ON**

**01223 85 30 20**

**hello@bluehouse.help · www.bluehouse.help**

We get **5 star reviews** on

★★★★★ **Google**

Blue House Computer Help,  
Cambridge Road, Oakington



# Bar Hill Childminders



Bar Hill Childminders are all graded 'Good' on their latest inspections, are fully insured and hold Paediatric First Aid and Safeguarding training. We are registered with Ofsted and have enhanced CRB checks. We offer quality, caring, home from home care with a wide range of exciting experiences for the children in our care, both in our homes and in the local community.

We regularly go on walks, outings and attend local groups to help the children socialise. We find having a wide range of ages benefits all the children in our care, it helps the younger children's confidence and encourages the older children to be patient and understanding with the younger children, helping them learn and progress.

We accept all Government funding for eligible parents and the Government Tax Free Childcare payments.

As we are busy during the day with the children, please text us your enquiry with details of your requirements and we will contact you as soon as possible with our up to date availability and hourly rates.

Jacky – **07718447998** – ages 6 months upwards. Term time only and all year round care offered.

Kirsten - **07906218070** – ages 6 months upwards. Term time only and all year round care offered. No spaces available.



We have recently welcomed some new children to our settings and they have settled in beautifully.

We are continuing to support independence in the children moving up to school in

September. Over the last few weeks we have helped the children learn to play chess, dominoes and noughts and crosses, practised skills such as cutting and word searches. We have made dens, celebrated pancake day and made our own daffodil pictures by studying



real flowers. We have had some sunny walks looking for signs of spring and visited The Works to spend our book tokens on World Book Day. We all chose a book and shared our favourite books with our friends. We have visited the cinema, McDonalds, Johnsons of Oldhurst, Anglesey Abbey and Cambridge Science Centre. We will be creating special gifts for Mother's Day, enjoying Easter crafts and looking forward to sunny, warm Spring fun.

## Cambridge Cats Protection Making a better life for cats

Call 01223 528 312 to provide a forever home for a cat or kitten in our care. For neutering advice call 01223 236 188.

[enquiries@cambridge.cats.org.uk](mailto:enquiries@cambridge.cats.org.uk) | [cats.org.uk/cambridge](http://cats.org.uk/cambridge)

We are run solely by volunteers and appreciate your patience at busy times.







# NEW SATURDAY LUNCH CLUB

Welcoming all residents of Over & surrounding villages to join us for lunch at the Day Centre, fourth Saturday of each month, service starting at 12:30 following the Memory Café, our next lunch on Saturday, April 26



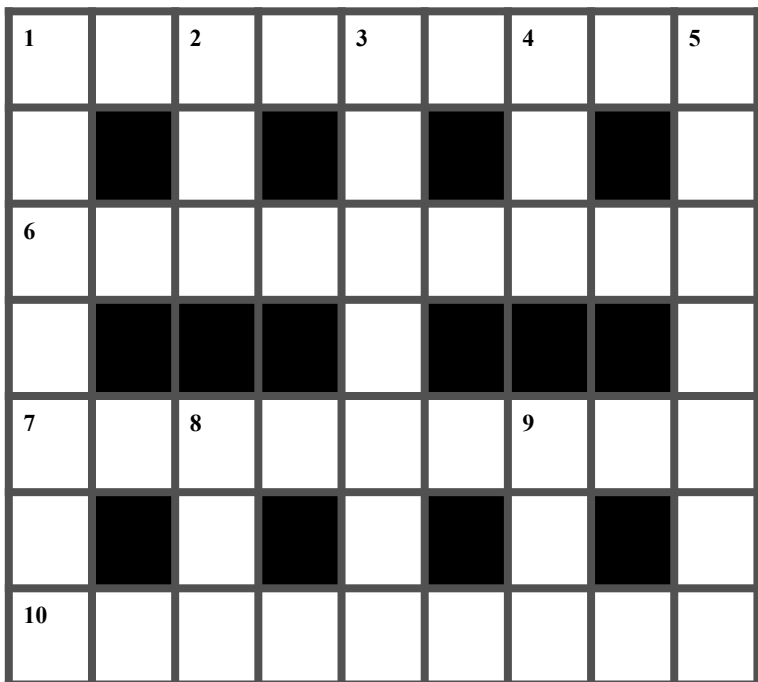
£10.00 per person, main course & dessert, includes teas & coffee

all food is freshly prepared & we're happy to cater for any dietary requirements

menu for lunches are available one month before, from our website or at the Memory Café

places must be pre booked, online [www.overdaycentre.co.uk/whats-on/saturday-lunch-club/](http://www.overdaycentre.co.uk/whats-on/saturday-lunch-club/) or email: [saturdaylunchclub@overdaycentre.co.uk](mailto:saturdaylunchclub@overdaycentre.co.uk), or telephone 01954 231807/07710 694900

The Over Day Centre, 1 Drings Close, Over, Cambridgeshire CB24 5NZ, Charity No 1196202



## PUZZLE for APRIL 2025

**Across:** 1.clock or watch eg. 6.chosen. 7.voice with more air. 10.morally sound.

**Down:** 1.shake, quiver. 2.La ??? By Debussy. 3.artificial material. 4.large N American deer. 5.getting on. 8. Old English/ nordic letter. 9.poorly.

32

## CONSTANT GENERAL HOME SERVICES



PAINTING & DECORATING

HOME IMPROVEMENTS

[driver\\_costi@yahoo.com](mailto:driver_costi@yahoo.com)

Phone: 07479 363 536

## Olive Tree Bereavement Group

Spring is now officially here, and the clocks have gone forward; it becomes dark later in the evenings, and it heralds new beginnings for many, and not just in the garden. Most of us look forward to spring, but for others, it can be overshadowed by thoughts of loneliness or loss, which can be difficult to cope with. This is where the Olive Tree group can help.

Our meetings are held at 10.30 am on the second Saturday of the month, in the Octagon, and the next one will be on Saturday 12th April. We would love to see you whether you are a regular member, a new member or if you have never been before.

We are a very welcoming group where you can talk freely and where confidences are always respected. There will be time to share your experiences, join in discussions and get to know others in the group.

If you are not sure whether the group is right for you, please phone one of us to discuss it. We welcome all newcomers but would ask that you come at 10am so that we can explain the format.

The leaders, who are CRUSE trained, and the other members of the group will offer a warm welcome, and you will meet other people who have been through loss and who understand the pain and difficulties that this brings.

For more details telephone Sue Kenchington on **790260**, or Chris Stannard on **781978**.



*Safe*  *Seal*  
**WINDOWS & DOORS**

Family owned & operated

A++ Energy Rating

Friendly, personal service

Highest security standards

10-year insurance-backed guarantee

**01223 881748**

**www.safeseal.co.uk**

**MANUFACTURED LOCALLY**  
**IN OUR CAMBRIDGE FACTORY**

**Assure**  
Certified Installer

## RELIABLE LOCAL Cleaning Service



Are you looking for a reliable local cleaner? I live here in the village and can provide a bespoke cleaning service tailored to your requirements.

**£12 per hour**

References available on request

Contact Carla on 07307 097 806  
(or email [clmendez151@gmail.com](mailto:clmendez151@gmail.com))

## Bar Hill Village Hall

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a Meeting Room, with its own independent access and great for meetings of up to 10 people.

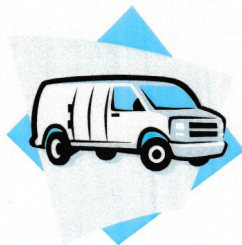
The Village Hall is managed as a registered charity (number 1002579). To book, please visit our web site [barhillvillagehall.com](http://barhillvillagehall.com) and email

[enquiries@barhillvillagehall.com](mailto:enquiries@barhillvillagehall.com) to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday).

## Paul Emeny Mobile Fishmonger

Top quality fresh  
Grimsby fish



Bar Hill Village Hall  
Every Tuesday from  
1-30 - 2-30pm  
Tel: 07956 594762

# Private Carer

Are you looking for :

- Befriender
- Medication preparation
- Prescriptions/ shopping collections
- Appointments / trips out
- Meal preparation
- Help around the house
- Light cleaning
- Respite
- Morning/bedtime calls
- Personal care

About me:

Bar Hill resident for 10+ yrs. I have worked in care for the last 20 years as I find it very rewarding. I treat all my clients as individuals and believe compassion and communication is the key to a great working relationship.

Phone: Laura **07540844186**

Email: [laurayardy@hotmail.com](mailto:laurayardy@hotmail.com)

CV and references available upon request.



Weekly playgroup sessions for babies and preschool children

A range of toys and play equipment with fun activities including crafts, singing, sensory play and story time

Thursday Morning 9:45-11:15am\*  
at the Octagon, Bar Hill

\*term time only

Taster session Free, Further sessions - under 1 £2, over 1 £3, 2 or more children £4 refreshments and snacks included

We look forward to seeing you at our next session



## FRIENDS OF THE ROSIE

We hope all our Mums had a lovely celebration at the weekend and are now looking forward to Easter. Get in touch if you need any supplies for your egg hunt.

With your help we are raising money to make the Rosie a more comfortable environment for mothers and babies.

New members are always welcome, whether to contribute financially, to join our team of crafters, join our committee, provide transport for our volunteers or display a small selection of our wares. If you would like to donate some of your spare time check out our website's volunteering page for some ideas.

Thank you for your continued support and we wish you all the very best for the remainder of 2025.

Avril Williams | **01954 782431**

[\*\*avril@rosieinstitches.org.uk\*\*](mailto:avril@rosieinstitches.org.uk)

and Jo Hall | **01954 780304**



Cambridgeshire  
Deaf Association

Hearing Aid Maintenance session, every 1st Wednesday morning of the month from 10am to 12pm at Bar Hill Community Church, Viking Way CB23 8EH.

We'll be maintaining NHS hearing aids, replacing tubing and domes and supplying hearing aid batteries.

Our service also provides a wonderful volunteering opportunity either as a Technician, Receptionist or Host, full training is given. Please get in touch for more information.

[\*\*riley.astrup@cambsdeaf.org\*\*](mailto:riley.astrup@cambsdeaf.org) |

**01223 416141** |

[\*\*cambridgeshirehearinghelp.org.uk\*\*](http://cambridgeshirehearinghelp.org.uk)

## AGEISM IS HARMFUL

Ageism has far-reaching  
IMPACTS ON ALL ASPECTS  
OF PEOPLE'S HEALTH



Ageism takes a  
**HEAVY  
ECONOMIC  
TOLL**  
on individuals  
and society



PHYSICAL HEALTH



MENTAL HEALTH



SOCIAL WELL-BEING

**Buttercups** CHILD CARE LTD

**Bar Hill Day Nursery and Out of  
School Club**

[\*\*www.buttercupschildcareltd.co.uk\*\*](http://www.buttercupschildcareltd.co.uk)

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email:**

[\*\*info@buttercupschildcareltd.co.uk\*\*](mailto:info@buttercupschildcareltd.co.uk)

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: [oosc@buttercupschildcareltd.co.uk](mailto:oosc@buttercupschildcareltd.co.uk)**



We offer a full range of plumbing and heating services including;

- Full bathroom installation (& tiling)
- Full central heating system installation
- Vented & unvented cylinder replacement
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call **01954 212553** or email **[info@uniplumb.com](mailto:info@uniplumb.com)**

Alternatively visit our office at Unit 2 Mill Yard, Childerley Estates, Dry Drayton, Cambridgeshire. CB23 8BA

## **T.N. Walsh (AIP-RP) Plumbing and Heating**

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work,  
including power flushing

Acorn Avenue, Bar Hill, Cambs, CB23 8DT  
24 hour service...No call out charges!

23354 026851

**Est. 1989**



**Craig Hinchliffe**

**07944 609868**

*Bar Hill Resident  
over 30years*

**Local, Honest & Reliable  
Free Quotes**

**Extensions & Conversions**

**Kitchens & Bathrooms**

**Driveways & Patios**

**Windows & Doors**

**Floor & Wall Tiling**

**Painting & Decorating**

**36**

**[hinchliffebuildingservices@gmail.com](mailto:hinchliffebuildingservices@gmail.com)**

# GEORGE

**D.I.Y. MAN**

**Small Electrical Jobs  
Decorating  
Woodwork  
OAP Discounts  
Lifetime of Experience**

**No Job Too Small**

**07544 871650**

**[george1813@outlook.com](mailto:george1813@outlook.com)**

# Evergreens

A safe space for those with memory loss to enjoy:

- Conversation
- Connection
- Celebration

Accompanied by a carer, family or friend.

**When:** The fourth Monday each month.

**Where:** The Octagon, Viking Way, Bar Hill, CB23 8EH

**Time:** 10am – 11.30am

**Phone:** 01954 206 120

**Email:** [church.office@barhillchurch.org.uk](mailto:church.office@barhillchurch.org.uk)

**Face Book:** DM Kevin Potts



**FRESHLY COOKED LOCAL  
THAI CUISINE IS ONLY 12  
MINUTES FROM BAR HILL**

WITH WARMING LOG FIRES,  
PARKING & BAR

**CONTACT/RESERVATIONS  
01223 262 327**



**The White Horse, 118 High  
Street, Barton. CB23 7BG**

... TRADITIONAL PUB MEALS ALSO SERVED ...

# DRAKE

**Heating and Plumbing**

Boiler Installations  
Bathroom Installations  
Underfloor Heating Installations  
Central Heating Installations  
Boiler Servicing  
Gas Safety Checks / Landlords  
Boiler Breakdown  
Emergency Call-outs

Mobile: **07496 503 770**

Office: **01954 781 478**

[drakehandp@icloud.com](mailto:drakehandp@icloud.com)

Find us on **f**

[Facebook.com/drakehandp](https://www.facebook.com/drakehandp)





## A Busy Month at Vets for Pets Bar Hill: Celebrating Success and Advancing Veterinary Care

The past month has been an exciting and rewarding time at Vets for Pets Bar Hill. We've been busier than ever, not just caring for our beloved patients but also engaging with the community and advancing veterinary skills.

We kicked off with successful practice open days, where we welcomed pet owners into our clinic, offering an inside look at what we do. A highlight was the pet portrait sessions—keep an eye out for our new portrait wall in the waiting room area!

Our collaboration with the Pets at Home Team to run children's animal workshops was another proud moment. Teaching the next generation about responsible pet care and welfare is something we are passionate about, and it was wonderful to see so much enthusiasm from young animal lovers.

In addition to community events, we also focused on professional development. Hayley Baker led two laparoscopy training days for other Vets for Pets practices, showcasing our referral-level minimally invasive surgical kit. These sessions helped fellow vets enhance their skills in keyhole surgery, which benefits pets with faster recovery times and less post-operative discomfort.

Finally, we had our RCVS Practice Standards Scheme (PSS) inspection, and we eagerly await the results. Choosing a PSS-accredited vet means selecting a practice that meets the highest standards of patient care, hygiene, and clinical excellence. It's a mark of trust, ensuring pets receive the best

possible treatment.

It's been a fantastic month, and we look forward to more exciting opportunities ahead!

## Springtime Pet Care: Keeping Your Dog and Cat Safe

As the days grow longer and the flowers begin to bloom, spring in the UK brings new opportunities for pet owners to enjoy the outdoors. However, we see certain seasonal risks that dog and cat owners should be aware of.

Firstly, spring plants and flowers, while beautiful, can be toxic to pets. Daffodils, tulips, and lilies are particularly dangerous, with lilies being especially harmful to cats, potentially causing kidney failure. Ensure your garden and home remain pet-friendly.

Warmer weather also means an increase in fleas and ticks. These parasites can cause irritation, allergic reactions, and even transmit diseases. Regular flea and tick prevention is crucial, so consult your vet about the best treatment options.

Spring is also peak shedding season for many pets, so regular grooming can help reduce hairballs in cats and keep your dog's coat healthy. If your pet suffers from seasonal allergies, you may notice excessive scratching, watery eyes, or sneezing. Speak to your vet if symptoms arise.

With longer daylight hours, more pets spend time outdoors. Be mindful of potential hazards such as slug pellets, antifreeze spills, and pesticides, all of which can be toxic if ingested.

Finally, be sure your pet's vaccinations and microchip details are up to date, especially if you'll be enjoying more outdoor adventures. A little extra care can go a long way in keeping your pets safe and happy this spring!

BAR HILL

# FETE & FESTIVAL

SATURDAY

12TH JULY 2025

2PM TO 11PM

(SETUP FROM NOON)

**M**Live  
Music!

STALL SPACES  
ARE STILL  
AVAILABLE !!

FAIRGROUND RIDES



CRAFTS & INFORMATION



FOOD STALLS



EMAIL STALLS[AT]BARHILL-CA.ORG OR SCAN THE QR CODE

# BAR HILL SPORTS & SOCIAL CLUB

WE ARE A FAMILY FRIENDLY MEMBERS' CLUB IN THE HEART OF THE VILLAGE.  
JOIN US FOR DRINKS WITH FRIENDS OR THE WHOLE FAMILY, A GREAT MEAL, ALL THE LATEST  
SPORTING EVENTS ON SKY & TNT, FANTASTIC ENTERTAINMENT, MONTHLY SPECIAL OFFERS AND  
OUR MONTHLY PLAY YOUR CARDS RIGHT!

**SATURDAY 5TH  
APRIL**

SPECIAL GUEST CHEF

**PIE AND A  
PINT DEAL**



WISKEY &  
OR  
STEAK &  
KID

ENJOY A PIE AND A  
DRINK FOR £15

PREBOOK AT THE BAR



FOLLOW  
US ON  
FACEBOOK  
& INSTAGRAM



EVERY WEDNESDAY  
& FRIDAY



## OPENING HOURS

	BAR	FOOD
MONDAY	5-9PM	
TUESDAY	5-10.30PM	
WEDNESDAY	5-11PM	5-9PM
THURSDAY	5-11PM	
FRIDAY	2-MIDNIGHT	4-9PM
SATURDAY	12-MIDNIGHT	4-9PM
SUNDAY	12-9PM	4-7PM

WWW.BARHILLSSC.CO.UK

BHSSC.STEWARDS@BTCONNECT.COM